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**EARNHARDT AND GORDON MOTHERS OFFER INTIMATE STORIES, PHOTOS AND RECIPES THIS MOTHER'S DAY**

**CHARLOTTE, N.C.** (May 5, 2009) – The mothers of two of the most famous names in auto racing offer readers and cooks alike an intimate look into their families with cherished family photos, stories and recipes passed down through generations in *Pit Stop in a Southern Kitchen: Two Moms of Racing Legends Serve Up Stories and Recipes*.

The cookbook, which also resembles a family scrapbook, is authored by Martha Earnhardt and Carol Gordon Bickford. Martha is the widow of Ralph Earnhardt, mother of the late Dale Earnhardt and grandmother of Dale Earnhardt, Jr. Carol is the mother of four-time NASCAR Cup Series champion Jeff Gordon and is married to John Bickford, who serves as Gordon's business manager.

Martha and Carol share precious stories throughout the cookbook, giving readers a glimpse into the lives of their famous sons.

"Years ago, Jeff and two of his buddies bought a house in Charlotte that was actually within walking distance of the racetrack. When a race was coming up and John and I came to town we stayed with Jeff and his roomies. I got my squatting rights cooking for them," Carol tells in one of the many stories throughout the cookbook. "They especially loved my lasagna."

Martha shares memories from the past and reveals what would always guarantee a visit from her famous son Dale, "As bullheaded as Dale could be, he was also that tender-hearted," said Martha. "My Secret Cake was one of his favorite desserts."

(more)

A quick flip through the book also gives readers a personal look at family photos collected by these mothers over the years. Carol as a young mom holding her infant son and Martha with the entire Earnhardt family in her living room on Christmas Day.

Mother's Day has always been a special time to these two famous moms. "Before we got really busy with racing, we would always make a point to just be together on Mother's Day," said Carol. "It didn't matter to me what we were doing, it was just special that we were all together."

A conversation Martha had with son Dale one Mother's Day will be one she will never forget. "I remember one Mother's Day Dale didn't make it over to see me. He was out of town for some reason – probably racing. He called me later and I told him I was sorry I didn't get to see him on Mother's Day. He said, 'But I thought everyday was Mother's Day, Mom.'"

The cookbook is published by Revell, a division of Baker Publishing Group, in Grand Rapids, Mich., and is available at most major retailers. For further information, please visit [www.pprplus.com](http://www.pprplus.com).

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